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Focus *Women* ON *♀* MAGAZINE



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March/April 2014



Distinguished Women's Award Reception

April 24, 2014, 5:30 pm
Baltimore Country Club, Roland Park

Please join us **April 24, 2014, 5:30 pm** at the **Baltimore Country Club** in Roland Park to celebrate women leaders – past, present and future – at our annual networking fundraiser, the Distinguished Women's Award Reception.

This annual philanthropic event honors prominent women in Maryland. The event supports Girl Scouts efforts to develop strong girls in all sectors of society by giving them the opportunity to observe and interact with creative and dynamic women leaders in central Maryland.

Your support of the Distinguished Women's Award Reception will help Girl Scouts of Central Maryland serve girls and make a difference in the lives of future women leaders.

Online Auction

Don't miss our online auction that runs March 14 to April 11. Visit our website at gscm.org for more details. Your bids help support the work of Girl Scouts of Central Maryland!

The 2014 Honorees



Dr. Susan T. Gorman

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School of the
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Stevenson University



Michelle Lipkowitz, Esq.

Partner
Saul Ewing, LLP



Monica Mitchell

Vice President
& Senior
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Manager
Wells Fargo



Molly Shattuck

Founder
Vibrant Living



Joyce Ulrich

Chief Information
Officer Managing
Director
Legg Mason

For tickets, information or to bid in our online auction visit gscm.org today!

Questions?

Contact **Berit Killingstad** at bkillingstad@gscm.org or 410.358.9711 ext. 225.

March/ April 2014

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For some, the enduring hand of time marks the unpredictable and challenging nature of our lives. It lends us pause to close the old pages of the past and look towards the endless possibilities of the future. Through this chronemic possibility, we embrace the passage of mortal time from winter to spring, which awakens us to the vibrant colors of new relationships, new experiences, new expecta-

tions and new patterns to patterns of behaviors which lead to better connections with others and the world around us. To our readers, authors, supporters and advertisers, may the newness of the season bring you all infinite possibilities for greatness.

All the best, **Joslyn Wolfe**
Publisher, Focus on Women Magazine

"Enclose your heart in times of need with the steel of your determination and your strength. In doing so, all things will be bearable." ---Lora Leigh---

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Focus Women ON Women MAGAZINE

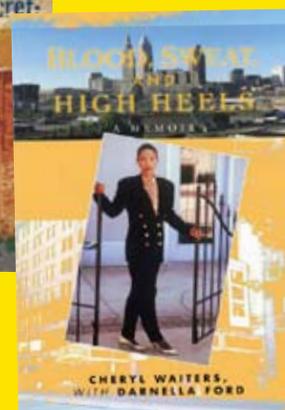
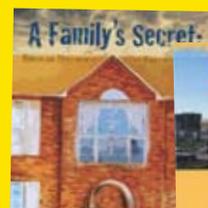
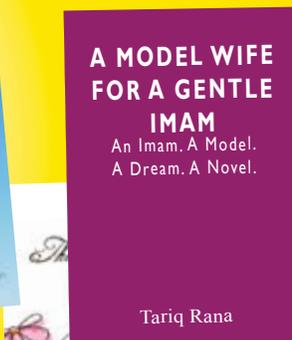
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Women are three-quarters of workers in the 10 largest low-wage jobs, wage gaps exist in all but three occupations, NWLC analysis shows

The following is a quote from Joan Entmacher, Vice President for Family Economic Security at the National Women’s Law Center:

“Women are three-quarters of workers in the largest, lowest-wage occupations. And these low-wage jobs account for a disproportionate share of the jobs women have gained since the start of the recovery. What’s worse, women in these low-wage jobs are paid ten cents less on every dollar earned by men. These stark facts underscore why it’s critical to raise the minimum wage and advance equal pay and equal opportunity for women.”

NWLC’s new analysis of employment and wage data reveals these key facts and statistics:

Three-quarters: The share of workers in the 10 largest low-wage occupations (defined in this analysis as those with median hourly wages of less than \$10.10 per hour) who are women (76 per), compared to 47 percent of all workers who are women.

One-quarter: The share of workers in the 10 largest low-wage occupations who are mothers with children under 18 (24 per), compared to just over 16 percent of all workers.

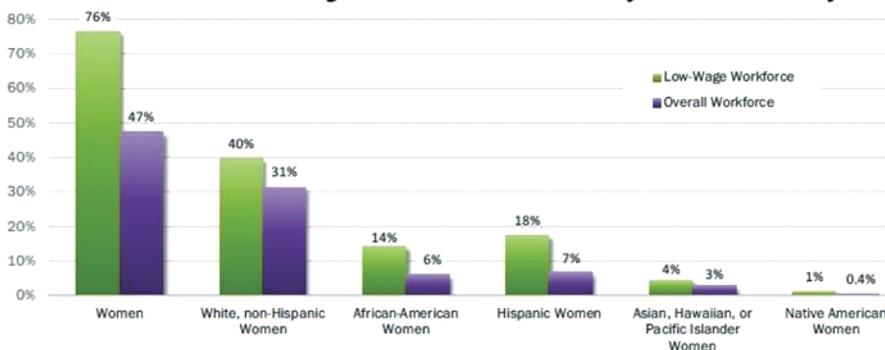
Two times larger: Share of the total net increase in women’s employment between 2009, the first year of the recovery, and 2013 that was in the 10 largest low-wage jobs (35 per) compared to men’s share of the net increase in employment that was in these low-wage jobs (18 per).

10 cents: The size of the average wage gap in the 10 largest low-wage job categories. In the 10 largest low-wage occupations, women working full time were typically paid only 90.4 percent of what their male counterparts were paid each week – an average wage gap of 9.6 cents.

37 percent: The share of workers in the 10 largest low-wage occupations who are women of color, compared to 16 percent of all workers.

Three: The number of job categories out of 111 in which the median weekly earnings of women working full time were not lower than those of men: computer occupations; wholesale and retail buyers; and bakers.

Women’s Share of Low-Wage and Overall Workforces by Race and Ethnicity



Source: NWLC calculations based on IPUMS-CPS (2013). Figures are for employed workers. The low-wage workforce is defined here as the 10 largest detailed low-wage occupations with median wages of less than \$10.10 per hour per BLS, Occupational Employment Statistics.



The 10 largest low-wage occupations and the percentage of women in each occupation are: childcare workers (95%); home health aides (89%); maids and housekeepers (88%); personal care aides (84%); cashiers (72%); waiters and waitresses (70%); combined food preparers and servers (65%); bartenders (58%); food preparation workers (56%); and hand packers and packagers (49%).

Sources: Wage gap, share of women by occupation, growth in annual average employment: Bureau of Labor Statistics (BLS), Current Population Survey, annual average data for 2009-2013. Wage gaps are based on median weekly earnings for full-time workers. Workforce demographics: NWLC calculations based on IPUMS-CPS (2013) for 2012. Classification of 10 largest occupations with median wages of less than \$10.10 per hour: BLS, Occupational Employment Statistics.

Maria Patrick (Media Director)

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Extended Stay America, American Cancer Society Partner, Providing Baltimore Bound Cancer Patients with Free and Low-Cost Lodging

The American Cancer Society – the largest voluntary health organization in the U.S. – recently announced an unprecedented multi-year partnership with Extended Stay America – the largest company owned and operated hotel chain in the U.S. Over the course of two years, Extended Stay America will provide 40,000 hotel stays to cancer patients receiving life-saving treatment away from home, including 20,000 rooms free of charge plus an additional 20,000 stays at an incredibly discounted rate of \$12/night, offering patients and caregivers an affordable, comfortable place to stay allowing them to focus their energy and financial resources on getting well.

The program, previously piloted in Atlanta, Ga.; Boston, Mass. and Houston, Texas, is now launching in ten additional cities: Baltimore, Md.; Billings, Mont.; Charlotte, N.C.; Chicago, Ill.; Columbus, Ohio; Dallas, Texas; Durham, N.C.; Nashville, Tenn.; Oklahoma City, Okla.; and Seattle, Wash. The program reach will continue to expand rolling out nationwide to the entire Extended Stay America portfolio in the near future. To request an Extended Stay America room, cancer patients and their caregivers should contact the American Cancer Society at 1-800-227-2345.

One of the most important keys to surviving cancer is access to treatment

and for many patients, the best hope for a cure means traveling to a treatment facility in another city, sometimes for weeks or months. Through its Hope Lodge program, the American Cancer Society offers free, temporary lodging to patients and their caregivers, offsetting costs associated with living away from home during treatment.

In 2013, Hope Lodge provided more than 265,000 nights of free lodging to cancer patients, saving them an estimated \$38 million in hotel costs. As the partnership continues to roll out across the U.S., Extended Stay America extends a hand by providing 40,000 overnight stays at the brand's 632 hotel locations, alleviating demand on the 31 American Cancer Society Hope Lodge facilities which often run at capacity.

"Extended Stay America is committed to giving back to the many communities in which we operate, and one important way to accomplish this is by taking care of those who seek a better future for themselves and their families," says Jim Donald, chief executive officer at Extended Stay America. "Our hotels are specifically designed to bring the comforts of home to extended stay guests and we're especially proud to leverage our unique properties to supplement the American Cancer Society's Hope Lodge program helping to expand their vital efforts."

"The American Cancer Society is

dedicated to removing the barriers cancer patients face when seeking treatment," said Kristen Solt, vice president, Hope Lodge Network, American Cancer Society. "Traveling for treatment puts an additional burden on people who are already experiencing emotional and financial stress. We're thrilled to have the Extended Stay America donation as every room we provide makes a huge impact. We experienced great success during our pilot effort proving the partnership is an effective way to expand our room inventory. In Houston, for example, the demand for lodging well exceeds our resources, and now with Extended Stay America's rooms, we are able to meet many more patients' needs for lodging while in Houston."

"I called the American Cancer Society's 800 number and was told about the program with Extended Stay America," said Jan Grady, whose son needed to attend a five-hour chemotherapy treatment every day for a week. "My son and his father were able to stay at the Extended Stay America hotel near the treatment center. Without this, it would have been a tremendous financial hardship. This program is lessening our burden by thousands of dollars." Grady was so moved by the experience, she is now volunteering at the American Cancer Society Hope Lodge in her home town in an effort to pay it forward.



About Extended Stay

Extended Stay America, Inc., the largest owner/operator of

company-branded hotels in North America, owns and operates 684 hotels in the U.S. and Canada comprising approximately 76,200 rooms and employs approximately 10,000 employees in its hotel properties and headquarters. The Company owns and operates hotels under the core brand Extended Stay America®, which serves the mid-priced extended stay segment, and other brands. Visit www.extendedstay.com for more information about the Company and its services.



About American Cancer Society

The American Cancer Society is a global grassroots force of more than three million volunteers saving lives and fighting for every birthday

threatened by every cancer in every community. As the largest voluntary health organization, the Society's efforts have contributed to a 20 percent decline in cancer death rates in the U.S. since 1991, and a 50 percent drop in smoking rates. Thanks in part to our progress nearly 14 million Americans who have had cancer and countless. For more information, to get help, or to join the fight, call us anytime, day or night, at 1-800-227-2345 or visit cancer.org.



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Jackie Newgent, RDN, CDN

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Some Oil Spill Products Prove to be Ineffective and Toxic in Tests by BoatUS Foundation

Roughly nine out of every ten recreational boats in the US has an engine that uses oil and burns either gasoline or diesel fuel. But what happens when engine oil or fuel accidentally gets into the bilge, or worse yet, the water? The BoatUS Foundation for Boating Safety and Clean Water recently tested oil spill products and found that many claiming to remove or render harmless spills of oil, gas, or diesel don't deliver on their promises. The full report and video can be found at BoatUS.org/findings/53.



Photo Caption: In addition to Duke University Marine Laboratory testing, the BoatUS Foundation also attempted to simulate the use of oil spill products in the bilge.

“While we did find three products that worked well, many products were ineffective, highly toxic, and were not legal for the average boater to use,” said BoatUS Foundation Vice President Susan Shingledecker. “Foundation Findings #53, Which Oil Spill Products Work Best,” partnered with Duke University Marine Lab to look at 21 spill response products and offers these six tips for boat owners:

- Boaters should be skeptical of false oil spill product claims, including wording such as: “EPA-classified for use in US waterways” (The EPA does not classify products recreational use); “Easily dispersed and collected”; “Meets clean-marina criteria” (Clean marina programs do not set oil spill product criteria); or “Simply sprinkle on and watch it disappear” (You may be watching for a very long time).
- Sock it to me: “Contained” products like sorbent socks, pads and pillows that encapsulate oil are the practical answer for most boating needs. In addition to soaking up any drops in the bilge, most can also be easily used on open water (outside the bilge) to help minimize contamination while awaiting a professional spill response. Ensure they are secured under the engine, check them often over the summer, and dispose of properly.
- Granules and liquids: Under US law, only “professionals” may legally use many oil spill remediation products, and any products applied on open water (outside your bilge) must be completely removed after they finish working, making the use of granules and liquids nearly impossible. Inside the bilge, products touting “natural microbes” that break down the oil can take much longer to see results than other adsorbent products. Loose, granular products can impede automatic bilge pumps.
- Technically speaking: The US Coast Guard requires boaters to report any spill that creates a sheen on the water to the National Spill Response Center at <http://www.nrc.uscg.mil/> (800-424-8802).
- Never use dish soap: While squirting dish soap on oil sheen may seem to make it go away, it only sinks the fuel causing bottom sediment contamination.
- Gas spills: Because of the risk of explosion, do not try to contain a gasoline spill – leave the area, notify marina staff immediately or call 911.

About BoatUS:

The BoatUS Foundation for Boating Safety and Clean Water is a national leader promoting safe, clean and responsible boating. Funded primarily by the half-million members of BoatUS, it provides innovative educational outreach directly to boaters and anglers with the aim of reducing accidents and fatalities, increasing stewardship of America’s waterways and keeping boating safe for all.

\$5,000 doctoral fellowship offered for women's philanthropy research

April 30 is application deadline for one-year dissertation support from Women's Philanthropy Institute.

Published: Mar. 27, 2014

FOR IMMEDIATE RELEASE

INDIANAPOLIS - A \$5,000, one-year fellowship to support doctoral research and dissertation writing that contributes to understanding of women's philanthropy or gender differences in philanthropic behavior is being offered by the Women's Philanthropy Institute at the Indiana University Lilly Family School of Philanthropy.

The application deadline for the 2014 Women's Philanthropy Institute Doctoral Dissertation Fellowship is April 30.

The fellowship contributes new research to expand the knowledge base about women's philanthropy. In recognition of the institute's commitment to expand the field of scholars who conduct research in issues of gender and philanthropy, the fellowship award has doubled to \$5,000.

Previous fellowship recipients include:

- ❏ Deborah Skolnick Einhorn, Brandeis University, for her dissertation "The Power of the Purse: Jewish Women's Philanthropy and Social Change."
- ❏ Laura Gee, University of California at San Diego, for her studies to better understand how donors, especially women, choose between volunteering, fundraising and monetary donations.
- ❏ Brent Pieper, Indiana University, for his dissertation on women's philanthropy programs at higher education institutions and their impact on giving.

Details about the fellowship and the application form are available at the institute's website.

About the Women's Philanthropy Institute

The Women's Philanthropy Institute is part of the Indiana University Lilly Family School of Philanthropy. The institute increases understanding of women's philanthropy through rigorous research and education, interpreting and sharing these insights broadly to improve philanthropy. To learn more, follow the institute on Twitter @WPIinsights and "Like" the Women's Philanthropy Institute on Facebook.

About the Lilly Family School of Philanthropy

The Indiana University Lilly Family School of Philanthropy is dedicated to improving philanthropy to improve the world by training and empowering students and professionals to be innovators and leaders who create positive and lasting change. The school offers a comprehensive approach to philanthropy through its academic, research and international programs and through The Fund Raising School, Lake Institute on Faith & Giving, and the Women's Philanthropy Institute. To learn more, follow the school on Twitter @IUPhilanthropy or "Like" the Lilly Family School of Philanthropy on Facebook.

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28 Days Weight Control Journaling Challenge



Mari L. McCarthy
www.CreateWriteNow.com



Mari L. McCarthy (Author)

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Author Talk

with Edward Correia



Edward Correia

Author,

*Teaching Your Child About God
In A Scientific World*

What is your stance on Religion and Science and how they meld?

Historically, religion has had to give way to science when there has been such overwhelming evidence that it became impossible for the church to insist on traditional beliefs. For example, the church had to concede that the planets go around the sun, the orbits of the planets are elliptical not perfect circles, and so on. That will eventually be the case with scientific explanations of the origin of life on earth, evolution and even the creation of the universe. If science someday explains that the creation of the universe did not require a divine hand, we should modify our conception of God, rather than give up on the idea of God altogether.

What is the best way to approach this topic with your child?

First, you should be willing to talk to your child about God and how you think of God, not just leave it up to someone else. Second, you should admit that we can't be certain about the ultimate questions of the universe, but we don't have to worry about that. Third, you should affirm that the most important thing in life is loving others and God inspires us to do that. Finally, when your child is old enough, you should encourage your child to develop his own views about God and to respect the beliefs of others who disagree.

How does the recent discovery of the God particle apply in this context?

The nickname for the subatomic particle called the Higgs boson --- the "God particle" -- was coined as a way of expressing how important the particle is in answering the fundamental question of why subatomic particles such as protons and electrons have mass. It's wrong to think this particle is somehow linked directly to God or explains God. On the other hand, the key to understanding the nature of the universe, including how it was created and how long it will last, probably lies in a more complete understanding of subatomic particles because they are the building blocks of all matter. The discovery of the Higgs boson takes us closer to that goal.

Is your vantage point new in terms of merging the concept of religion with science?

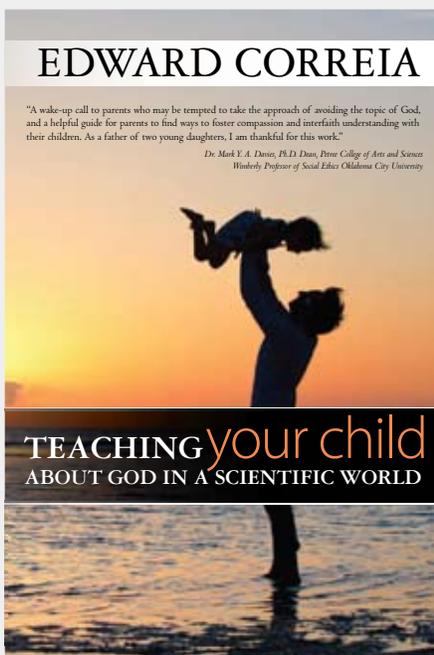
Philosophers and scientists from Aristotle to Einstein to Stephen Hawking have suggested ways to reconcile God and science. The key is being open to different ways of thinking about God and what our ideas of God mean for our religious beliefs. In my first book, *The Uncertain Believer: Reconciling God and Science*, I suggested that we think of God in spiritual, rather than personal, terms and that the idea of God is how we carry the spirit of love from one generation to another. In *Teaching Your Child about God in a Scientific World*, I don't advocate one particular conception of God. Instead, I suggest how parents can guide their children in developing their own ideas, but always with respect for the beliefs of others.

Who were the predecessors of this thought?

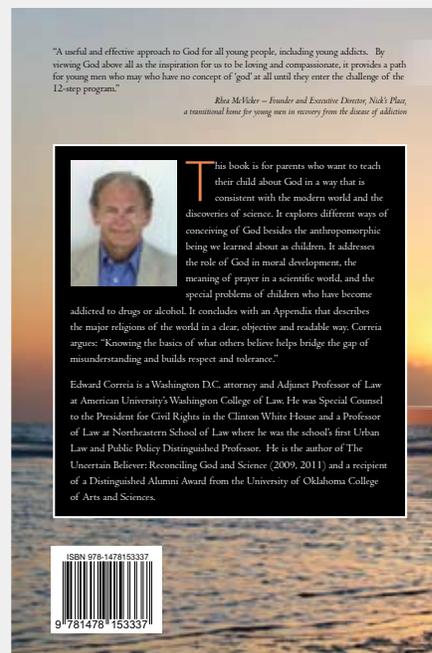
Aristotle thought of God as the “unmoved mover,” a central force which caused all other motion. The Deists, including Isaac Newton and Thomas Jefferson, believed a personal God created the universe but no longer intervenes in the world. Paul Tillich described God as the “ground of being.” These thinkers and countless others have tried to reconcile the universe we see around us with the mystery and power of the idea of God. My parents were very active in the church, as was I. However, they always encouraged me to think for myself and respect the views of others. As I became older, I decided many of the beliefs that I learned as a child didn’t make sense for me in light of scientific discoveries, but I was determined not to give up on the idea of God. That’s what led me to write *The Uncertain Believer* and *Teaching Your Child about God*.

Teaching Your Child About God In A Scientific World - by Edward Correia

This book is for parents who want to teach their child about God in a way that is consistent with the modern world and the discoveries of science. It explores different ways of conceiving of God besides the anthropomorphic being we learned about as children. It addresses the role of God in moral development, the meaning of prayer in a scientific world, and the special problems of children who have become addicted to drugs or alcohol. It concludes with an Appendix that describes the major religions of the world in a clear, objective and readable way. Correia argues: “Knowing the basics of what others believe helps bridge the gap of misunderstanding and builds respect and tolerance.”



COVER



BACK COVER

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<http://www.focusonwomenmagazine.com/books3-fowm.html>



yourhometownchagrinfalls.com

YOUR HOMETOWN CHAGRIN FALLS PRESENTS WINE BY THE FALLS

Your HomeTown Chagrin Falls will host its annual "Wine by the Falls" fundraiser at the Chagrin Valley Country Club on Saturday, April 5, 2014 from 7 PM to 11 PM. Tickets are \$100 per person and cocktail attire is suggested. The last three years the event has sold out so get your tickets early!

Chuck's Fine Wines will present a collection of exquisite wine and beer along with delicious cuisine prepared by The Chagrin Valley County Club. This year the music will be provided by Transportation Boulevard Jazz Band. This popular band plays music that covers old and new jazz classics and features Alan Gleghorn, Jeremy Poparad, Mark Russo and Bob Walker.

Raffle tickets are available for chances to win four prizes including the following:

Arra Hair Salon and Spa has an exclusive evening for twelve people.

The entire salon is yours for the night! This event is always a popular one for women to come together and have some mini spa services with refreshments and hors d'oeuvres provided. This night will bring everyone together for a great evening of fun, laughter and rejuvenation valued at \$1,200. Looking to update your kitchen or bath? Capozzi Design Group will provide 10 hours of design time which includes one in-home visit, needs assessment and visual colored perspective of your space. This prize is valued at \$1,200. Another desirable item is an incredible shopping spree offered by Chuck's Fine Wines. Kurt Hebel and his staff can help you select \$1,000 worth of flavorful wine and beer from their vast collection. In addition, a box of Perdomo Cigars is being donated by Chagrin Cigars. Perdomo Cigars are one of the finest premium cigars in the world! This prize is valued at \$220.

You can purchase your tickets on line at www.yourhometownchagrinfalls.com or mail checks payable to Your HomeTown Chagrin Falls P.O. Box 335, Chagrin Falls, Ohio 44022. Call 440-247-0900 for more information.

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Proceeds from the evening will support the following: The Visitor Center, Merchant Marketing Forums, Economic Development, Design, Beautification and Preservation, Holiday Traditions/Holly Hall, Historic Home and Garden Tour, Yoga by the Falls and Chagrin Falls Farmers Market.

Your Home Town Chagrin Falls is a 501 (c) (3) non-profit community volunteer organization dedicated to the preservation, economic vitality, lifestyle and environment of the historic Village of Chagrin Falls.

 <https://www.youtube.com/watch?v=o651jj2oTQU>

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http://yourhometownchagrinfalls.com/wp-content/uploads/2014/04/YHT-0046_BrochureRevised.pdf

FOR FURTHER
INFORMATION CONTACT

Kathleen Visconsi
Your HomeTown Chagrin Falls

Email: klv7361@aol.com

Phone: **440-477-3703**

Focus on Women Magazine

A bi-monthly publication for women, to women, and about women which focuses on topics of interest to women and is geared towards a multi-generational audience.

Evenets of the month

E-mail at: info@focusonwomenmagazine.com



Issue: March/April -2014

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Focus on Women Magazine is the most relevant, engaging and interesting magazine to hit the newsstands. They understand women's lives and their need to balance caring for a family, succeeding in the highly competitive business world and offering up their strengths to make a difference through nonprofits or community organizations.



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Author Talk

with Randi M. Sherman



Randi M. Sherman
Author

Could you talk about what motivated you to craft your book?

The story in my book, *CAROLINE STARTS OVER* is one of contemporary challenges in life, honesty and relationships and how our decisions affect people in ways we might have not considered or imagined. It's part of everyday life. It's part of mine. I would assume it's part of yours. It is also part of the lives of the gay community, which has received a lot of press with the recent Supreme Court Decision. And the gay community is desperately underrepresented in today's general fiction and reading choices.

How did you come about finding the story in you? What were the precipitating events for your title?

It's simple really. I have a very active imagination. The story development begins with a character or two, a scene or an idea and random thoughts about how they got there and where they can go. Eventually they develop and expand, making it difficult to keep up with their growth and actions so I move them onto paper or my computer and develop them further from there. Much like the headline "Man Bites Dog" or the title *The Help*, the title *CAROLINE STARTS OVER* is simple. The simplicity makes it provocative. *Hmmm, there has to be more to it.* The same applies to the title of my previous novel *PAULA TAKES A RISK*. Besides, the title *The Quantum Effects Associated with the Reawakening of Caroline's Repressed Desires and the Transference Factor on Disparate Homo Sapiens* wouldn't fit on the book cover.

What idea would you like your readers to walk away with?

A smile, a good laugh and a better understanding of the responsibility associated with honesty and change. No matter how frightening or risky, you must be true to yourself, and others, and to be thoughtful with your actions.

What was your audience you wanted to target for your title?

The audience for *CAROLINE STARTS OVER* is the contemporary reader, the gay community, people questioning or attempting to understand sexual orientation – or otherwise in need of a good "beach read."

What was the most challenging part in writing it?

Time - Because my name is not J.K. Rowling or James Patterson I have to work for a living. I have been an independent consultant in the Healthcare/IT industry for the past twenty years. I'm not unlike most people. Work really cuts into my free time.

Did you encounter any barriers or discouragers?

Sure. I've heard that a novel with main characters who are gay and is marketed as general fiction as well as gay literature hasn't been done before. But, for the most part, I am so enthusiastic about my stories that people simply don't have the heart to be discouraging.



Caroline Starts Over
(2014 year)

How did you overcome them?

A story with an interesting plot and unique characters is good. One written with humor is even better. One that will make the reader forget where s/he is at the moment and form an opinion about the characters and what happens to them is the best.

How did I overcome the naysayers? Oh, that's simple. I published CAROLINE STARTS OVER myself. Just tell me there is something that I can't do because it's hasn't been done before, or isn't currently main stream... Go ahead and try. Other than my wife, people's opinions don't really factor into my life or what I'm doing anymore. I spent my teens, twenties and thirties worrying that I was behaving appropriately, saying and doing the popular or perceived "right thing." It was exhausting. I'm done with that. I have better things to do.

What are your strengths as a writer?

Imagination, humor and a solid grasp of the obvious.

I truly enjoy thinking up my characters, how they came to be and what they'll do next. I think knowing how much and when to insert humor is essential. Let's face it, if you have a bucket of popcorn, an open mind, and have a chance to sit back and watch... life can be quite entertaining.

What are your weaknesses?

I think of my books and characters as my children. I write/raise them to be strong and clever, yet I am protective. When it's time to send them off into the world, or in this case, publish, I worry about them being underappreciated.

Is there a hero or shero in your life?

Oh yes, many. Most of them I will never meet.

If so, who or what might that person or thing be?

I admire anyone who follows his or her dreams or at least tries to.



Paula Takes A Risk
documents (2012 year)

What is your next adventure?

Travel is always on the calendar.

And I'm in the final phase of writing the follow-up book the CAROLINE STARTS OVER. I'm very excited about it. There are returning characters and some new ones. In addition I'm working on another book of separate yet interrelated stories.

Oh, and I expect to continue having many, many good laughs.

*** AVAILABLE ONLINE AT - FOCUS ON WOMEN MAGAZINE - eBookSTORE**

<http://www.focusonwomenmagazine.com/books-fowm.html>

Basignani Winery

April 2014



Although we thought it would never arrive, hope springs eternal, and spring is finally here. We've been busy at the winery pruning the vines...but also working hard behind the scenes readying our 2013 Reisling and Vidal for the 2014 bottling!! And for those of you who love our brick oven pizza, the wait is almost over! Check out the Upcoming Events section for more info about Pizza & Herbs & Swing into Spring and our sweet wine release.

IN THIS ISSUE : [Pizza and Herbs](#), [Upcoming Events](#)



April Happenings @ the Winery: Pizza and Herbs

April 12-13th

\$25 per person (\$45 for two)

12 - 5 p.m. (Please R.S.V.P. for 12:00, 2:00, or 4:00pm to lynne@basignani.com)

Back by popular demand, our annual Pizza and Herbs celebration will include brick oven pizza, wine tasting, a souvenir glass and an Italian herb to take home. (Mmmm tasty - just think of all the pizzas you could make with some fresh basil or oregano of your own!)



Upcoming Events @ Basignani

Swing into Spring (May 3-4th)

Join us for the release of our most popular sweet wines: Basignani Reisling and Vidal!

TGIF Movie Nights (5/30, 6/13, 6/27, 7/11, 8/1, 8/15, 8/22 and 8/29)

Join us for an evening (or several!) under the stars this summer. Look for email reminders and more info about the movies we will be showing in our upcoming newsletters. In the meantime, mark your calendars, dust off that picnic basket, and air out the blankets because TGIF movie nights are almost here!

Upcoming Events @ Basignani

Wine in the Woods (May 17-18th) Wine, food and music! What more could you ask for on a perfect late-spring day? Area wineries will be setting up at Symphony Woods in Columbia for the annual Wine in the Woods festival. For tickets and more information, please visit their website.

QUICK LINKS

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A bottle (or two!) of your favorite Basignani wine

Packing the Perfect Picnic

Looking for something to do this spring? Pack a picnic for you and your sweetie, some friends, or just yourself and a good book. Nothing can beat a lazy afternoon in the warm spring air and sunshine, sitting in one of our adirondack chairs on the lawn at Basignani Winery!!

What you'll need:

Blanket	Napkins	French Baguette	Assorted olives
Basket	Plates/Utensils	Assorted artisan cheeses	Baby carrots and sliced sweet pepper
	Disposable wine glasses	(suggestions: Brie, sharp cheddar, Manchego, etc.)	Grapes
	Food	Thinly sliced Prosciutto	Strawberries (and a bottle of Brut for special occasions)
			Bar cookie/brownie

NATIONAL MEDICAL ASSOCIATION WILL PARTNER WITH AFRICAN AMERICAN CHURCHES TO REACH UNINSURED BEFORE MARCH 31st DEADLINE TO ENROLL IN HEALTH COVERAGE

Physicians Will Provide Critical Health Assessments and Screenings at Faith-Based Events

The National Medical Association (NMA), the nation's largest organization of African American physicians representing over 37,000 doctors, announced today it is partnering with Enroll America and African American religious denominations to help educate minority communities about the Affordable Care Act and increase public awareness of the opportunity for African Americans to have health insurance coverage. Twenty-one percent or 1 in 5 African Americans under the age of 65 do not have health insurance coverage.

A recent survey by Enroll America showed that 68% of uninsured African Americans are unaware that financial help is available to help pay for the new health insurance options. According to the Department of Health and Human Services, six in ten uninsured African Americans may qualify either for tax credits to purchase coverage in the Health Insurance Marketplace or for Medicaid or the Children's Health Insurance Program (CHIP).

"The churches in the African American community play a pivotal role in informing people about the Affordable Care Act and encouraging them to enroll for health coverage," said Dr. Michael LeNoir, President of the NMA. "Our partnership with the faith community will provide our physicians with the opportunity to help the uninsured understand the long-term ramifications of diseases such as diabetes, heart disease, and cancer. In addition, we will provide cholesterol, blood pressure and other screenings at the church events."

Statistics from the Center for Disease Control and Prevention (CDC) show that 14% of African Americans, or approximately 5.5 million people, are considered to be in fair or poor health. Approximately 38 % of African American men and 44 % of African American women, 20 years of age or older, have hypertension while 38 % of African American men and 54 percent of African American women, over 20 years of age, are obese. The numbers pertaining to smoking are also very sobering. More than 25 % of Black men and 18 percent of Black women, 18 years of age or older, smoke cigarettes. Under the Affordable Care Act, all plans are required to cover smoking cessation interventions free of cost.

"The NMA takes a hard line on smoking and considers it to be public enemy

number one as it pertains to the health of the African American community," said Dr. LeNoir. "Smoking is a major contributing factor in the development of heart disease and cancer. A recent report issued by the U.S. Surgeon General states that individuals who smoke expose themselves to thousands of chemicals and compounds, many of which are known to cause cancer."

African American males lead all ethnic groups in the number of new cancer cases. They also rank first in the number of deaths caused by cancer. African American women rank second in the number of new cases of cancer each year but rank number one when it comes to cancer deaths among females. In the past, many cancer patients were denied coverage based on their pre-existing



condition, but now, nobody can be denied because of their cancer history.

“Churches are the center of the African American Community and are in the forefront of educating people about the Affordable Care Act,” said Etoy Ridgnal, Director of African American Engagement and Faith Based Initiatives for Enroll America. “The African American churches in the Faith Based Initiative have a combined membership of over 17 million. Now, thanks to this partnership with physicians, individuals who attend our church events will not only learn how they can get help paying for health insurance but they will also have access to information about various diseases provided by experts.”

The partnership with Enroll America, African American religious denominations, and the NMA will focus on the 11 states that have large numbers of African Americans and others who are uninsured. The states include Arizona, Florida,

Georgia, Illinois, Michigan, North Carolina, New Jersey, Ohio, Pennsylvania, Tennessee, and Texas. Enroll America has launched a grassroots campaign in those states called Get Covered America. The NMA's physicians will also collaborate with church leaders on events in Alabama, Louisiana, Mississippi, and other states with significant numbers of uninsured African Americans.

NMA physicians will support Enroll America's Faith Initiative beyond the first open enrollment deadline of March 31 and continue throughout the remainder of this year into 2015, helping to educate, inform, and provide screenings for the uninsured.

Enroll America, the nation's leading health care enrollment coalition, brings together community and health organizations, businesses and others to inform consumers about the new health coverage options and how to enroll in them. It is an independent, non-partisan, non-

profit 501(c)(3) organization.

The National Medical Association is the largest and oldest national organization representing African American physicians and their patients in the United States. The NMA is a 501 (c) (3) national professional and scientific organization representing the interests of more than 37,000 African physicians and the patients they serve. NMA is committed to improving the quality of health among minorities and disadvantaged people through its membership, professional development, community health education, advocacy, research and partnerships with federal and private agencies. Throughout its history the National Medical Association has focused primarily on health issues related to African Americans and medically underserved populations, however, its principles, goals, initiatives and philosophy encompass all ethnic groups.

WHAT:

The National Medical Association (NMA) will hold a press briefing to announce a major partnership with African American churches that are participating in Enroll America's Faith Based Initiative to help inform millions of individuals without health coverage about the new opportunity to purchase quality, affordable insurance. NMA physicians will provide health assessments, screenings and other services at Faith-Based events.

WHO:

Dr. Michael Lenoir, President of the NMA; Etoy Ridgnal, Director of African American Engagement and Faith Based Initiatives for Enroll America; and religious leaders from various African American Church Denominations will provide remarks about the importance of the partnership. Dr. Lenoir will also provide details on how the NMA will collaborate with the churches and other organizations.

WHEN:

Monday, March 10, at 10:30 a.m.

WHERE:

Marriott Metro Center
Junior Ball Room
775 12th Street N.W.
Washington, D.C.

For more information,
contact **David Thompson**
email: atdthompson6@comcast.net or at Call: 301-785-7670.



MD Wine Shines!

International Eastern Wine Competition / East Meets West Challenge Results

Two major wine competitions have merged to create an East Meets West Challenge and Maryland wines were up for the test.

Newcomer **Big Cork Vineyards** earned GOLD for its 2012 Vidal and Traminette and SILVER for its Chardonnay and Late Harvest Vidal. **Bordeleau Vineyards** earned SILVER with its Chambourcin Lot 5 and Cabernet Franc, and BRONZE with its Barrel-Fermented Chardonnay. **Great Frogs** took home SILVER for its 2012 Watermen and Meritage, and BRONZE for its Annapolis White.

Running Hare Vineyards' Sangiovese and Malbec earned SILVER, **Slack Winery's** Cabernet Franc earned BRONZE, and **Sugarloaf Mountain Vineyard** brought home SILVER for its 2011 EVOE, Comus and Cabernet Franc Reserve. Congratulations to these six wineries for showing Maryland's strengths in this national competition!

March Wine Trail Passport Experiences

Tour the Chesapeake Wine Trail 3/15-16 & Patuxent Wine Trail 3/22-23

Our Passport Experiences are your introduction to wine trails and regions of Maryland. This self-guided adventure provides the opportunity to experience some of the culture that each region has to offer in addition to great, locally-produced wine with a special experience at each winery. Restaurants, attractions and accommodations are offering discounts for the event! >>> **GET THE DETAILS & BUY PASSES!** Use code "MARwinepress" for \$5 off each pass.



BACKGROUND READING

- [MD Wine History](#)
- [Industry Statistics](#)
- [Winemaker Profiles](#)
- [Grape Profiles](#)
- [Events & Festivals](#)
- [MD Wine Passport](#)

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Learn more about our

[MD Wine Passport program](#)

Decanter – Wine & Horse Racing

Pimlico Race Course set to host 4th Annual Decanter April 12-13

The Maryland Wineries Association presents DECANter-the fourth annual event to highlight the heritage and tradition of both Maryland wine and Maryland horse racing-on April 12-13, 2014 at historic Pimlico Race Course in Baltimore, home of the Preakness Stakes.



- de•cant [verb]: to aerate a fine wine by pouring into an ornate glass vessel;
- can•ter [noun]: a controlled gait between a trot and a gallop;
- de•cant•er [noun]: an event at Pimlico Race Course combining the traditions of Maryland wine and Maryland horse racing.

Buy Your Tickets Now!

Enjoy a view of live horse races from the Grandstand, samples of fine Maryland wine, great food, and wine & equine focused arts & crafts at Pimlico Race Course.

Enjoy [and bet on] live turf and dirt racing throughout the day from the perspective of Pimlico's Grandstand, or get track-side on the apron.

Contact Info

Maryland Wineries Association
1940 Greenspring Drive,
Suite E
Timonium,
Maryland 21093



Only

2 DAYS LEFT

Tickets are now available for purchase on
www.thebuildhaitifoundation.org

**4th Annual
Remember Haiti Event 2014 :
"Celebrate Haitian Culture"
Haitian Art – Food–Music–Folk Dance**



**Saturday, April 5, 2014
6PM – 9PM**

Purchase Tickets

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Columbia, Maryland 21044
(410) 730-7920**

P.O. Box 6895, Columbia, MD 21045

Toll-Free: (877)812-0002, Phone: (410)205-2444, Fax: (877)769-8030

Info email address (info@thebuildhaitifoundation.org), The Build Haiti Foundation.



EVERYMAN THEATRE

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By the Way, Meet Vera Stark Makes Baltimore/DC Premiere at Everyman Theatre

Acclaimed director Walter Dallas makes Everyman debut with the production

Hailed as “flat-out funny!” by the Hollywood Reporter, *By the Way, Meet Vera Stark* makes its Baltimore/DC premiere at Everyman Theatre, running from April 16th through May 11th. Resident Company Member Dawn Ursula will play the title role of Vera Stark, alongside fellow Company Members Beth Hylton and Wil Love. Walter Dallas makes his Everyman directorial debut with the regional premiere.

It's the height of 1930s Hollywood. Film studios are filled with glitz, glamor, and eager starlets just waiting to be discovered. Enter Vera Stark, a determined and headstrong African-American maid to a white movie star. But it turns out that Vera is an actress, too! When the stars align and both actresses are cast in the same Southern epic, the story behind the cameras leaves Vera with an unexpected and controversial legacy scholars will question for decades to come. Deliciously funny and wildly entertaining, *Vera Stark* uses today's obsession and fascination with tabloids and celebrity gossip to get to the truth behind this mysterious legend of Hollywood.

Renowned director Walter Dallas will be making his Everyman debut with *Vera Stark*. Mr. Dallas has a wide-range

of directorial experiences, including the world premieres of August Wilson's *Seven Guitars* at the Goodman Theatre (named one of the Top Ten Best Theatre Events of 1995 by Time Magazine), Sam Kelley's *Pill Hill* at Yale Rep, and John Henry Redwood's *The Old Settler* at the McCarter and Long Wharf Theatres. He assumed artistic leadership of Philadelphia's Freedom Theatre in 1992. He has received New York's prestigious AUDELCO National Achievement Award for Excellence in Black Theatre and several Bronze Jubilee Awards for Outstanding Direction.

Resident Company Members Dawn Ursula and Beth Hylton playing rivaling actresses Vera Stark and Gloria Mitchell, respectively. Resident Company Member Wil Love is also featured as Mr. Slasvick and 1970s talkshow host Brad Donovan.

Vera Stark is Ms. Ursula's first performance on the new Everyman Theatre stage. Her last performance with Everyman was as Ruth Younger in *A Raisin in the Sun*, which won her City Paper's Best Actress Award. Previously she had been seen in other Everyman shows including *Two Room, Doubt* and *Gem of the Ocean*. Ms. Ursula is currently a Helen Hayes nominee for her work

in Woolly Mammoth's production of *The Convert*. As a Resident Company Member at Woolly Mammoth, as well, she has been seen in their recent productions of *We are Proud to Present...*, *Clybourne Park* and *Eclipsed*.

Ms. Hylton was last seen this winter's smash hit *Crimes of the Heart* as eldest sister Lenny. Other Everyman credits include *August: Osage County* as Ivy Weston, *Time Stands Still* as Sarah and *All My Sons* as Ann. Ms. Hylton was also seen in Center Stage's *The Raisin Cycle* as Bev and Kathy in *Clybourne Park* and *Harriet* in *Beneatha's Place*. She has also recently been seen in Woolly Mammoth's critically acclaimed production of *Appropriate*.

Wil Love was seen earlier this month as the hysterical Geoffrey Thornton in *The Dresser*. Other Everyman credits for Mr. Love include *August: Osage County*, *Heroes*, *You Can't Take It With You*, *Pygmalion*, *Our Town*, *The Cherry Orchard*, *Much Ado About Nothing* and *School for Scandal*.

Yaegel T. Welch returns to Everyman after appearing as Aimwell in last summer's swashbuckling comedy *The Beaux' Stratagem*. He will portray Leroy Barksdale and Herb Forrester in the

production. Mr. Welch was also featured in the critically acclaimed production of *The Brothers Size*. In addition to his many regional and Off-Broadway credits, Mr. Welch also recently co-starred on NBC's hit drama *The Black List*.

Kathryn Tkel, Kelli Blackwell and Robert Lyons will each be making their Everyman debuts with *Vera Stark*. Ms. Tkel will portray Anna Mae Simpkins and Afua Assata Ejobo. Her extensive credits include work at San Jose Rep, The San Francisco Playhouse, Lorraine Hansberry Theatre and California Conservatory Theatre. Ms. Blackwell will play the roles of Lottie McBride and Carmen. Regionally, she has been seen in productions at Olney Theatre Center, Teatro 101 and Toby's Dinner Theatre. She was also featured on the national tour of *Chicago*. Mr. Lyons will play the dual roles of Maximillian von Oster and Peter Rhys-Davies. Mr. Lyons has performed internationally with the Brandenburger Theater, Berliner Ensemble, Edinburgh Fringe Festival and more.

The extensive artistic team includes Resident Designers Daniel Ettinger (set), David Burdick (costumes), Gary Logan (dialect), and Chas Marsh (who will be in charge of film editing for the production). Joining the Resident Designers will be Harold F. Burgess II (lighting) and Elisheba Itoop (sound/original music)

Thomas Kaufman will serve as the production's Cinematographer. The production features a "film within the play" of the fictional silver screen masterpiece, *The Belle of New Orleans*. Mr. Kaufman has lit and shot films with the likes of Barbara Kopple, Charles Guggenheim and Mark Jonathan Harris. He has twice won the Gordon Parks Award for Cinematography and has won an Emmy for his film *See What I'm Saying*.

By the Way, Meet Vera Stark runs from April 16th through May 11th, offering performances Wednesday through Sunday, with selected Tuesday evening performances.

Everyman Theatre is proud to partner with University of Maryland Medical Center as the Season Sponsor and WYPR 88.1-FM as the Season Media Sponsor. Stevenson University and Yumkas, Vidmar & Sweeney LLC are the production co-sponsors and Style Magazine is the production's media sponsor.

Everyman Theatre is supported by a grant from the Maryland State Arts Council, an agency dedicated to cultivating a vibrant cultural community where the arts thrive. An agency of the Department of Business & Economic Development, the MSAC provides financial support and technical assistance to non-profit organizations, units of government, colleges and universities for arts activities. Funding for the Maryland State Arts Council is also provided by the National Endowment for the Arts, a federal agency.

Everyman Theatre is a proud member of the Bromo Tower Arts and Entertainment District.

Everyman Theatre is a professional Equity theatre company celebrating the actor, with a resident company of artists from the Baltimore/DC area. Founded in 1990 by Vincent Lancisi, the theatre is dedicated to engaging the audience through a shared experience between actor and audience seeking connection and emotional truth in performance. Everyman is committed to presenting high quality plays that are affordable and accessible to everyone.

Vincent Lancisi is the Artistic Director of Everyman Theatre; Ian Tresselt is the Managing Director. For INFO: Everyman Theatre, visit www.everymantheatre.org or call 410.752.2208.

EVENT LISTING

By the Way, Meet Vera Stark: April 16 – May 11, 2014

By Lynn Nottage, Directed by Walter Dallas
Everyman Theatre, 315 W. Fayette Street, Baltimore, MD 21201
Tickets: \$10 - \$60. To order: 410.752.2208 or www.everymantheatre.org



Pay What You Can Performance: Tuesday, April 15th at 7:30 PM

Everyman Theatre Box Office (315 W. Fayette Street)
starting at 5:30 PM on the day of the performance. Call 410.752.2208 or visit www.everymantheatre.org for more details.

Opening Night Performance: Friday, April 18th at 8 PM

For tickets, call 410.752.2208.
Contact Laura Weiss at 443.615.7055x7132 or lweiss@everymantheatre.org

World of the Play Panel Discussion Series: Race and Representation: "Our greatest accomplishment, our greatest shame"

Saturday, April 26th at 5 PM, Hosted by radio personality Marc Steiner. Tickets: \$25.
Call 410.752.2208 or visit www.everymantheatre.org.

Post-Show Talk Back Discussion: Thursday, May 8th (7:30 PM performance)

A post-show Talk Back with the play's actors May 8th
Call 410.752.2208 or visit www.everymantheatre.org for more details.



www.urban.org

INTERACTIVE FEATURE

THE HUSTLE

URBAN INSTITUTE

ECONOMICS OF THE UNDERGROUND COMMERCIAL SEX INDUSTRY

Pimps claimed inaccuracy in media portrayals.

Pimps manipulate women into sex work.

Women, family, and friends facilitate entry into sex work.

Unexpected parties benefit from the commercial sex economy.

The Internet is changing the limitations of the trade.

Child pornography is escalating.

The underground sex economy is perceived as low risk.

Policy and practice changes can help combat trafficking and prostitution.

I'm writing to share a new research-based interactive feature that sheds new light on the scope of America's underground commercial sex economy.

Just how big is the country's underground commercial sex economy?

Finding the answer is a critical first step for enabling decision-makers to make informed choices about how to combat the harm that happens within this illicit market.

My colleagues and I tackled the question in [our report](#) - the first to close the gap in what we know about the nature and scope of the commercial sex economies in American cities.

Through interviews with convicted pimps, we uncovered information on how businesses are operated, how men and women enter and are recruited into the trade, and how the Internet is changing the street-based commercial sex economy.

Our research also yields the first scientifically rigorous estimates of the revenue generated in seven cities in 2003 and 2007 - totals that range from [\\$39.9 million to \\$290 million](#).

Armed with these insights, policymakers and practitioners can amplify efforts to create and implement prevention and intervention strategies that better address how individuals enter and remain working within these underground economies.



MATTHEW JOHNSON
Multimedia Manager,
Urban Institute

Story and photos by



MEREDITH DANK, PhD
Senior Research Associate,
Urban Institute

Based on research by

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Gratitude, Not 'Gimme,' Makes for More Satisfaction, Baylor University Study Finds

People who are materialistic are more likely to be depressed and unsatisfied, in part because they find it harder to be grateful for what they have, according to a study by Baylor University researchers.

The study — “Why are materialists less happy? The role of gratitude and need satisfaction in the relationship between materialism and life satisfaction” — appears in the journal *Personality and Individual Differences*.

“Gratitude is a positive mood. It’s about other people,” said study lead author Jo-Ann Tsang, Ph.D., associate professor of psychology and neuroscience in Baylor’s College of Arts and Sciences. “Previous research that we and others have done finds that people are motivated to help people that help them — and to help others as well. We’re social creatures, and so focusing on others in a positive way is good for our health.”

But materialism tends to be “me-centered.” A material outlook focuses on what one does not have, impairing the ability to be grateful for what one already has, researchers said.

(Find this story on our website: <http://www.baylor.edu/mediacommunications/news.php?action=story&story=141629>)

“Our ability to adapt to new situations may help explain why ‘more stuff’ doesn’t make us any happier,” said study co-author James Roberts, Ph.D., holder of The Ben H. Williams Professorship in Marketing in Baylor’s Hankamer School of Business.

“As we amass more and more possessions, we don’t get any happier—we simply raise our reference point,” he said. “That new 2,500-square-foot house becomes the baseline for your desires for an even bigger house. It’s called the Treadmill of Consumption. We continue to purchase more and more stuff but we don’t get any closer to happiness, we simply speed up the treadmill.”

Study results were based on an analysis of 246 members of the department of marketing in a mid-sized private university in the southwestern United States, with an average age of 21. They took part in a 15-minute survey using a 15-item scale of materialism.

Previous research suggests that materialists, despite the fact they are more likely to achieve material goals, are less satisfied overall with their lives. They are more likely to be unhappy and have lower self-esteem. They also are more likely to be less satisfied with relationships and less involved in community events.

Meanwhile, those who are grateful are likely to find more meaning in life, previous research shows.

The study notes that ancient Greek philosopher Epicurus advised, “Do not spoil what you have by desiring what you have not; remember that what you now have was once among the things you only hoped for.”

Other researchers in the Baylor study include Thomas P. Carpenter, doctoral candidate in psychology and neuroscience at Baylor; Michael B. Frisch, Ph.D., professor of psychology and neuroscience at Baylor; and Robert D. Carlisle, Ph.D., formerly of the department of psychology and neuroscience at Baylor.

About BAYLOR UNIVERSITY

Baylor University is a private Christian university and a nationally ranked research institution, characterized as having “high research activity” by the Carnegie Foundation for the Advancement of Teaching. The university provides a vibrant campus community for approximately 15,000 students by blending interdisciplinary research with an international reputation for educational excellence and a faculty commitment to teaching and scholarship. Chartered in 1845 by the Republic of Texas through the efforts of Baptist pioneers, Baylor is the oldest continually operating university in Texas. Located in Waco, Baylor welcomes students from all 50 states and more than 80 countries to study a broad range of degrees among its 11 nationally recognized academic divisions. Baylor sponsors 19 varsity athletic teams and is a founding member of the Big 12 Conference.

About BAYLOR COLLEGE OF ARTS & SCIENCES

The College of Arts & Sciences is Baylor University’s oldest and largest academic division, consisting of 26 academic departments and 13 academic centers and institutes. The more than 5,000 courses taught in the College span topics from art and theatre to religion, philosophy, sociology and the natural sciences. Faculty conduct research around the world, and research on the undergraduate and graduate level is prevalent throughout all disciplines.

About HANKAMER SCHOOL OF BUSINESS

Baylor University’s Hankamer School of Business provides a rigorous academic experience, consisting of classroom and hands-on learning, guided by Christian commitment and a global perspective. Recognized nationally for several programs, including Entrepreneurship and Accounting, the school offers 24 undergraduate and 13 graduate areas of study.

www.baylor.edu



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Stop by and for a taste.

Special Offer

Buy any three in "Growlers
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Friday Nights in April are Date Nights



Dinner for two every Friday Night in
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up to 22%. Check out our terrific

Three Course Prix Fixe Menu.

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Frog's Leap Wine Dinner



Thursday, April 17th beginning at 6pm

Join us for a Five Courses & Five Wines from 100%
Organic Winery, Frog's Leap in Napa Valley

Just \$99 per person all inclusive. List of Wines:
Sauvignon Blanc, Chardonnay, Zinfandel and Two
Different Cabs

As a special treat, we will also provide a
Growler of Frogs Leap Wine On Tap To Go
for everyone who attends.

Only 30 seats so call now, 410-953-0500.

Checkout our website for more information.

Think Pink Plate Specials

**This April we will offer special menu/Pink Plate
Specials with ingredients that Fight Cancer.**

Special Treat, we will feature the first Maryland
Wine On Tap , a white blend called Green-
stone from our friends at Old Westminster Win-
ery. Come try this delicious white wine!



We will hold our 5th Annual Raffle to Benefit Claudia Mayer/Tina
Broccolino Cancer Resource Center.

100% of our Raffle proceeds go to fight cancer.
\$10 per ticket or \$25 for three.

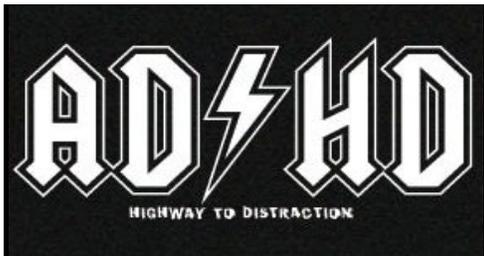
Purchase tickets for one of these 3 great prizes:
Two Night stay at Zenaida Cellars in Paso Robles,
Chef's Table for 2 or a Happy Hour for 20 guests.

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A Distracted Child Can Learn the Skill of Attention & MASTER IT!

By Michael J. Garant, Ph.D.



When I first heard my son had AD/HD, I was very concerned. What will happen to him? My son's doctor also told me he has above average intelligence. I asked "What does this mean in relation to his ADHD? How is his education going to be impacted by this? The doctor answered my questions by telling me my son could do whatever he wanted if provided with the proper skills and support. That is the answer! You can help your distracted child by teaching him the skill of attention and helping him Master it. YES THAT IS POSSIBLE!! This is not going to occur over night. It takes time, patience, and practice to perfect any skill. It takes patience and continued positive support from you as a parent to guide your child to learn the skill of attention. It will take patience and perseverance from your child to practice, practice, and practice!

How do you learn the skill of attention?

Learning attention is like learning any other skill. First you have to start with the basics. True attention is stopping to listen, gathering information and keeping your mind calm and clear to make sure you understand what is being discussed. I call this STOP, GATHER & THINK which is the core of attention. For distracted children, this can be very difficult. It is especially challenging in the present world of high speed internet and instant gratification, when stopping and gathering information does not stimulate them enough. They may look and even listen to the teacher, however their minds will be thinking about the video they just saw on their phone, or the conversation they just had with a friend.

A tactic to help children both understand and practice the skill of attention is to have them learn it through something they enjoy. Encourage them to explore an activity they select, but one that involves, paying attention to an instructor, gathering concepts, understanding those concepts and then practicing them. This activity can be as varied as playing an instrument, gymnastics, martial arts, dance, computer programming, writing, etc... What will this do? It will help them begin the process of learning the core principles of attention, stop, gather & think. Just a side note. If the activity your child enjoys does not involve physical activity, you MUST find a way to get them exercising. Exercise promotes learning; when exercising, the brain releases chemicals such as dopamine, norepinephrine, and serotonin, all of which promote focus and learning. Specific types of activities such as martial arts, ballet, and gymnastics are particularly helpful because the participant learns specific patterns and body movements.

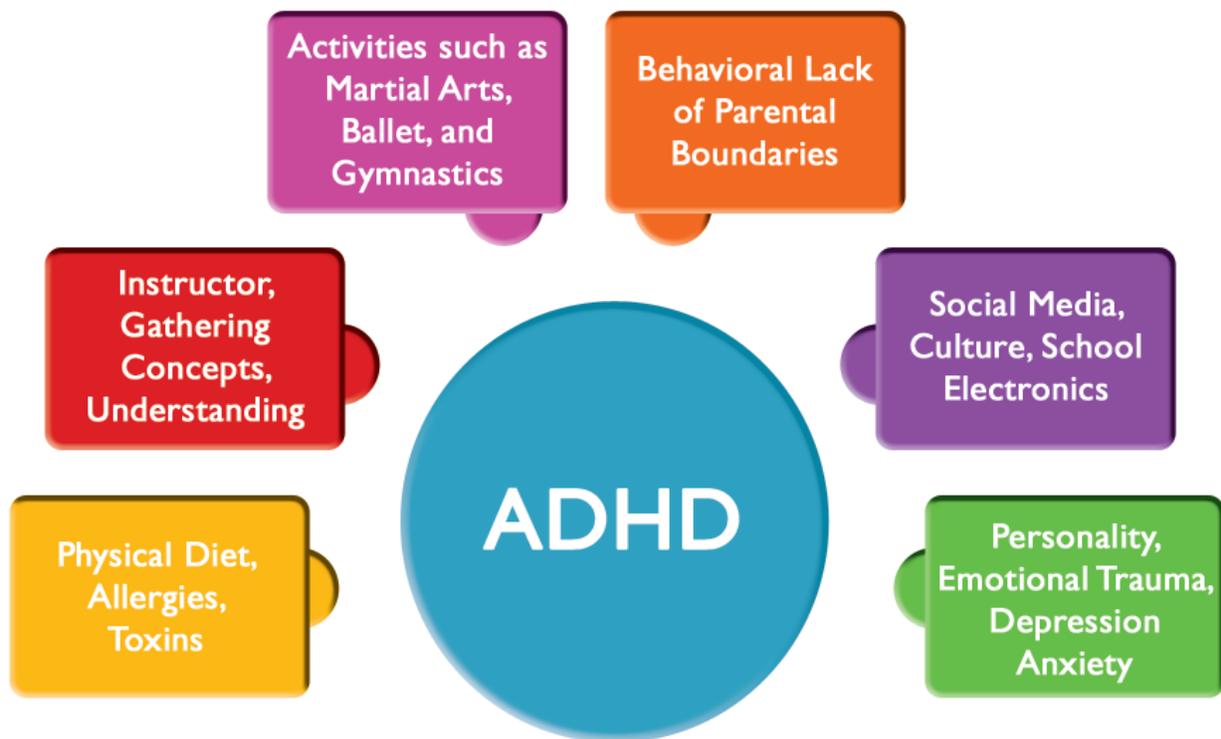
Smart Coach Programs to Promote Attention:

Computer Attention Coaching: At The Smart Coach Center in Columbia MD, we utilize a computer program from Unique Logic and Technology, Inc., called Play Attention, to develop increased attention. How does it work? When you are actively paying attention, the brain emits a signal – an attention signature. The BodyWave™ arm-band used with Play Attention monitors this signal through the body and transmits it wirelessly to the computer.

This allows the user to control the computer program by mind alone! Attention is now concrete and controllable. You are exercising your brain. This Brain exercise or cognitive exercise is like physical exercise: anyone can benefit, regardless of age, gender, profession, or educational background. And just like physical exercise, the more you practice the better you perform!!

Martial Arts Coaching: The Smart Coach martial arts curriculum was developed by Master James Rhee and Dr. Michael J. Garant to use physical movements to stimulate focus and learning in students challenged by AD/HD or those just wishing for an edge in the classroom. Our primary focus is to utilize martial arts as a tool to improve self-confidence, goal setting, and of course attention, needed for excellence in the classroom. The martial arts forms and combinations are specifically designed to work both sides of the body equally as well as cross the midline of the body. How does this training help focus and learning? This curriculum is designed to improve the learner! Crossing the midline of the body helps develop the left/right brain connection leading to increased focus. The curriculum also heightens the student's senses, their focus as well as improving their mood. They are less fidgety and tense, and they feel more invigorated and motivated.

Our martial arts students also receive all of the other benefits of traditional martial arts training, such as strength, flexibility, perseverance, self-defense and of course FUN!



“You Can Do It!” – A Message your child needs to here!!!

Every child has strengths and weaknesses. Every person has strengths and weaknesses. Your distracted child CAN learn the skill of attention. Your distracted child can also be successful. In fact, your distracted child IS successful. Most of these children are compassionate, intelligent, driven, and YES, focused. As parents, sometimes we do not recognize these qualities. We focus only on the negatives not the positives. You need to find your child's strengths and recognize them over and over to instill confidence. That is how you will build up your child. As you build up your child's self-esteem they will begin to engage, learn and grow.

That is SUCCESS!!



Elk Run Vineyards Featured in House of Cards

Liberty Tavern Cabernet is Underwoods' "house wine" in Season 2

The Netflix hit, House of Cards-much of which was filmed throughout Maryland- features Elk Run Vineyards Liberty Tavern Cabernet Sauvignon in a dinner scene in the third and seventh episodes of the newly released second season. "We were excited and pleased that the show would go to so much trouble to use a local wine," says Carol Wilson of Elk Run Vineyards. Series producers took other bottles from Elk Run Vineyards, so stay tuned for further sightings!

Feb 22/23 Trail Passport Experience

Frederick & Antietam Highlands Wine Trails to host visitors this weekend

Our Passport Experiences are your introduction to wine trails and regions of Maryland. This self-guided adventure provides the opportunity to experience some of the culture that each region has to offer-in addition to great, locally-produced wine with a special experience at each winery. Restaurants, attractions and accommodations are offering discounts for the event! >>> **GET THE DETAILS & BUY PASSES!** Use code "MARwinepress" for \$5 off each pass.



Decanter – Wine & Horse Racing

Pimlico Race Course set to host 4th Annual Decanter April 12-13

The Maryland Wineries Association presents DECANTER-the fourth annual event to highlight the heritage and tradition of both Maryland wine and Maryland horse racing-on April 12-13, 2014 at historic Pimlico Race Course in Baltimore, home of the Preakness Stakes.



- de•cant [verb]: to aerate a fine wine by pouring into an ornate glass vessel;
- can•ter [noun]: a controlled gait between a trot and a gallop;
- de•cant•er [noun]: an event at Pimlico Race Course combining the traditions of Maryland wine and Maryland horse racing.

Buy Your Tickets Now!

Enjoy a view of live horse races from the Grandstand, samples of fine Maryland wine, great food, and wine & equine focused arts & crafts at Pimlico Race Course. Enjoy [and bet on] live turf and dirt racing throughout the day from the perspective of Pimlico's Grandstand, or get track-side on the apron.

BACKGROUND READING

- MD Wine History*
- Industry Statistics*
- Winemaker Profiles*
- Grape Profiles*
- Events & Festivals*
- MD Wine Passport*

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Learn more about our

MD Wine Passport program

Contact Info

Maryland Wineries Association
1940 Greenspring Drive,
Suite E
Timonium,
Maryland 21093

Developing girls of courage, confidence and character who make the world a better place.

Visit: <http://gscm.org>



Girl Scouts of Central Maryland's annual philanthropic event, the Distinguished Women's Award Reception, takes place on Thursday, April 24, 2014. This event honors five local business women for their civic and professional accomplishments. As in the past, the success of our event has largely been due to the contributions of our sponsors who have gone out of their way to lend financial and promotional support to this event. Every year, proceeds from the event help support the myriad of leadership programs we offer girls in grades K-12, particularly our In-School, Beyond Bars and STEM (science, technology, engineering and math) programs.

I hope that this year, you will consider supporting the awards reception as a media sponsor for the event. As a media sponsor, your organization will be identified in our promotions for the event as well as in the Distinguished Women's Award Reception program. You will also be acknowledged at the event through signage and our social media promotions. We have several different sponsorship levels and these are detailed in the enclosed sponsorship brochure. You can also choose another option not listed if that works best for you.

I look forward to hearing back from you. In case you have any questions, please feel free to contact me. Thank you for your consideration; I look forward to your support.

Best regards,

Danita Terry

Director of Communications & Media Relations
Girl Scouts of Central Maryland
410.358.9711/dterry@gscm.org



Distinguished Women's Award Reception

April 24, 2014, 5:30 pm
Baltimore Country Club, Roland Park
4712 Club Road, Baltimore, Maryland 21210
[Sponsorship Opportunities](#)

2014 Honorees



Dr. Susan T. Gorman | Michelle Lipkowitz, Esq. | Monica Mitchell | Molly Shattuck | Joyce Ulrich

DETACH AND MAIL THIS FORM TO:
Girl Scouts of Central Maryland
Attention: Berit Killingstad
4806 Seton Drive, Baltimore, MD 21215

For more information or to donate or register for this event please visit gscm.org

UM CAREY LAW AND HEALTH CARE PROGRAM RANKED FIRST IN NATION MARY

The University of Maryland

Francis King Carey School of Law's Law and Health Care Program has been ranked first in the nation in U.S. News & World Report's 2015 Best Graduate Schools. The ranking was based on votes from law faculty around the country working in the field of health law.

The pioneering program focuses on training students and supporting research in health-related legal and policy issues including health care reform, disability law, the legal and ethical questions surrounding the emerging field of genetics and personalized medicine, and racial and ethnic disparities in access to health care.

"The Law and Health Care Program's number one ranking recognizes the wide-reaching and interprofessional approach to teaching health law that is critical in today's evolving health care environment," said University of Maryland, Baltimore (UMB), President Jay A. Perman, MD.

The program's emphasis on interdisciplinary and interprofessional education involves faculty and students from the Carey School of Law, as well as UMB's schools of medicine, pharmacy, dentistry, nursing, and social work who collaborate on initiatives ranging from health and human rights to food and drug law.

"Health law is a very broad area," said Diane Hoffmann, JD, MS, director of the Law and Health Care Program, and Professor of Law. "We have health law courses on fraud and abuse, hospital law, public health law, HIV and AIDS law, bioethics, and drug policy."

Diane Hoffmann, JD, MS
(Carey Law professor)



Since the program's inception in 1997, more than 350 students have graduated with a law degree and a concentration in Health Law, recognizing their completion of at least 17 credits in health law through classroom, experiential learning, and research and writing courses.

"I am delighted that faculty at law schools across the country have recognized the high caliber of our Law and Health Care Program. But I'm not surprised," said Phoebe A. Haddon, JD, LLM, dean of Carey Law. "The work of our faculty and students is not only original, but practical. It's improving the lives of the people touched by an increasingly complicated health care system every day."

"We have lots of externship opportunities at state and federal agencies as well as hospitals in Baltimore and Washington D.C.," Hoffman said. "And we have students who do externships at U.N. AIDS in Geneva, and who have been placed at the World Health Organization's Office of Human Rights."

The Journal of Health Care Law and Policy, which is part of the Law and Health Care Program, also offers students the opportunity to acquire experience in research, writing, and editing. Launched in 1998 as one of the few scholarly journals to bridge the legal, public policy, and scientific fields, it is published twice yearly and covers a range of topics including the legal and public health challenges of substance abuse, the legacy of tobacco litigation, and the legal and regulatory obstacles to vaccine development.

Faculty within the program work with researchers at other schools on the campus on emerging topics in medicine, science, and law. A grant from the National Institutes of Health's Human Microbiome Project supports research on federal regulation of probiotics, with Hoffmann as a co-principal investigator in conjunction with research scientists at the Institute for Genome Sciences at the School of Medicine.

The project was supported by a three-year grant from the National Institutes of Health (NIH) as part of the Ethical Legal and Social Implications component of the Human Microbiome Project.

Faculty within the program are also examining regulation of genetic testing, human subjects research, pain management, HIV/AIDS law, and much more. The scholarly work of the Law and Health Care Program is used in policymaking on both the federal and state levels.

Students who choose to earn their Health Law Certificate have access to externship opportunities to work with nonprofit and governmental agencies dealing with health law issues, providing them with practical experience working in the field.

Interdisciplinary events and initiatives are another major focus of the Law and Health Care Program. Recently, the program held a Health Law and Regulatory Science Competition that challenged students to come up with innovative ideas on topics such as Food and Drug Administration regulations of drugs and medical devices, health care fraud issues, and compliance with NIH and FDA ethical research requirements.

China Red

A Caleb Frost Novel

RALPH SANBORN

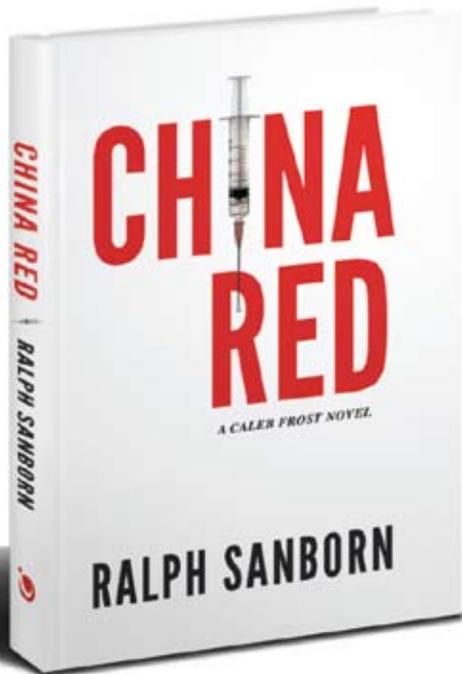
Your book has a cliff hanger effect on the reader. Was that your intent and why.

Writing an entertaining book requires that the author “pull” the reader along, keeping her or him engaged in the plot, caring about the characters’ plights, and therefore turning the pages with, hopefully, eager anticipation. The “cliff hanger” effect is product of these three, plot, characters, and anticipation.

You appear to have a grasp on high tech weaponry and the totally unexpected weaved into your narrative. How did you manage to do so without losing sight of the suspense you build quite well in this title?

The weaponry, the drones and the technological additions are credibility factors. The main purpose is to embellish the readers’ mental pictures of the scenes. I don’t want to use so much that I overshadow the storyline by making the reader stop reading and start thinking about something off the subject. But the addition of credible details brings the readers into the magic of the story, fleshing out their participation in it—they ride the Harley, fire the rifle, rescue the girl from the explosive device. The enjoyment is in the details.

Plus I get a kick out of researching my ideas and bring them to life in the hands of my characters.



ISBN 13 (SOFT): 9781475982930
ISBN 13 (HARD): 9781475982947
ISBN 13 (eBook): 9781475982954

The kaleidoscope of geography was intended for what purpose?

Settings are critical to maintaining the captivation of the readers’ interest, Settings add scale and scope to a story’s opportunities. In China Red, the opening scenes take place in Paris. I lived there and walked the streets I describe. I stayed in the hotel I mention when I was a student. In the final shoot out, I have al-Tikriti hiding in an alcove on a quai which I used to see from across the Seine. I loved that view and speculated on what was behind the big iron doors at the back of the recess.

Geography provides backdrops for action in my case. The cobble stone streets of New Orleans, the grunge of the Tender Loin in San Francisco, the cliffs along the coast in Big Sur. Fog. Settings are one of the most important aspects of an interesting book. Placing readers in foreign settings I try to make familiar.

Geography provides backdrops for action in my case. The cobble stone streets of New Orleans, the grunge of the Tender Loin in San Francisco, the cliffs along the coast in Big Sur. Fog. Settings are one of the most important aspects of an interesting book. Placing readers in foreign settings I try to make familiar.

You appear to have a grasp on high tech weaponry and the totally unexpected weaved into your narrative. How did you manage to do so without losing sight of the suspense you build quite well in this title?

My books are characters driven. My joy in writing is making the acquaintance of my characters. To me they are real people. I talk to them and wonder what they are up to after the book is done. Silly? Absolutely!

Then again readers have asked if the Brown Man will be back. Could happen. If Wrath will return in a later book-maybe.

I am descended from a family of strong women. I write strong women characters in my books. They are still feminine, but they tend to be assassins, just like the men, and they go to work, just like the men-killing evil people. Efficiently. Although, as Caleb says, "chaos is always messy" and killing is chaotic.

Creating characters is populating a world, creating people in a reverse onion process, adding layer upon layer, as the character reveals itself to the writer. Characters like:

- Caleb, a tortured soul, dedicated to finding his parents' assassin by becoming an assassin himself.
- Wrath, a brilliant street thug with an MBA from the Harvard Business School.
- Zhou Jiang, a wanna-be fifteenth century Chinese warlord who nurtures and arms revolutionary Muslim Uighers to fight against his Chinese brethren. He is also addicted to Nabisco Oreo cookies.
- Irini, a Greek immigrant who made millions as a New York escort.
- A couple of tough Navy SEALs who discover they love combat, refinishing antique furniture, and each other.

How does your title resemble life? Are there contemporary issues of which it could relate and if so which ones?

- China Red, the street name for the heroin the Visigoths smuggle into the United States, represents the intertwined sociopolitical and economic imbalance in the country today. The obvious debilitating effect of the drug on its users is exacerbated by the engagement of criminal elements in distribution and manufacturing.

- The Muslim Uighers Zhou Jiang nurtures, arms, and trains are an oppressed people who have lived in China's western province, Xinjiang Uigher autonomous region, for one thousand years. The Chinese wish to subdue them or drive them out. The Chinese were furious recently when the US released four Uighers from Guantanamo. Twenty-four Uighers were killed in an attack on a police station late 2013.

China Daily, 1.12.14, "Xinjiang doubles terror fight budget"

Time 3.17. 14, "Unanswered Questions After a Chinese Massacre"

If you were to say the message you would like your readers to walk away with, what would it be?

There is great evil in the world. Fortunately there are those who will stand between us and the evil and defeat it using whatever means are required—regardless of the damage to their souls.

Speaking of walking away from China Red with something, I will have succeeded in my story telling, if each reader takes a character or two with her to remember and cherish. I created them to be liked. They are flawed, but then, so are we all ... and without our flaws, we, like the characters, would not be interesting.



Author - Ralph Sanborn...

Website: www.ralphsanborn.com

Inside Philanthropy

Women play leading role in new mega giving

The most powerful women in philanthropy include well-known figures like Melinda Gates and Laurene Powell Jobs, but also many less familiar names, like Marilyn Simons and Carol Larson -- according to a [list of the 15 most powerful women in U.S. philanthropy](#) published today by Inside Philanthropy, the new media site that covers charitable giving.

"Women are guiding how some of America's largest fortunes are being given away," said David Callahan, founder and editor of Inside Philanthropy. "But men often get the credit."



01. MELINDA GATES
02. SUSAN BUFFETT
03. PATRICIA HARRIS
04. MARILYN SIMONS
05. SUSAN DELL
06. PAM OMIDYAR
07. RISA LAVIZZO-MOUREY
08. JENNIFER BUFFETT
09. CAROL LARSON
10. LAURENE POWELL JOBS
11. LAURA ARRILLAGA-ANDRESSEN
12. LAURA ARNOLD
13. PRISCILLA CHAN
14. MARGARET CARGILL
15. CATHY CATALYST

Other philanthropy power players on the list include Susan Buffett, Pam Omidyar, Patricia Harris, and Laura Arnold.

"Philanthropy is growing, with a huge impact on the U.S. and the world," said Callahan. "To understand the new mega giving, you need to understand these women, many of whom work behind the scenes."

To make the list, a woman must control significant wealth and be deploying that wealth for philanthropic purposes. The list features no celebrities, such as Angelina Jolie, but instead focuses on women directly giving away tens or even hundreds of millions of dollars a year.

Inside Philanthropy is a new digital media site covering charitable giving. It reports on philanthropy across 32 different issues and six metro areas. The site also features deep coverage of major new giving by tech and finance leaders. In addition, it allows users to rate and review foundations and program officers. [LEARN MORE](#)

Contact:
David Callahan
(646) 280-7846
davidc@insidephilanthropy.com

Heat Holders Present Warming Accessories to Combat the Winter Chill!

As far as have ever been tested, Heat Holders are the warmest thermal wear products in the world. The brand's signature socks have an impressive tog rating of 2.34, meaning you needn't ever layer your socks again!

Now, due to market demand for warming products, Heat Holders has expanded its range – now offering socks for men, women and children, the brand also offers a range of tights, leggings, hats, and gloves – with further products being developed!

Check out the various ranges you should be keeping warm in:



Heat Holders for Men: Hats & Gloves

Socks – Original RRP - \$19.99
Slipper - RRP - \$19.99
Long - RRP - \$19.99

Stripe - \$19.99
Graham Bell Ski Socks - \$19.99

All socks are available in a variety of colours.



Men's Thermal Gloves and Mittens - \$15.99

Boasting a 1.9 tog rating these gloves will protect your fingers from the biting cold all winter long!

Sizes available: Medium/Large/X-Large/XX- Large, in Black.



Men's Thermal Hat - \$15.99

This ultimate thermal hat traps air closer to the skin so that you stay warmer and cosier for longer.

One size fits all – available in Black.

Heat Holders for Women: Hats & Gloves, Tights & Leggings

Socks – Original RRP - \$19.99
Slipper - RRP - \$19.99

Long - \$19.99
Stripe - \$19.99

All socks are available in a variety of colours.



Ladies Thermal Gloves and Mittens - \$15.99

Boasting a 2.7 tog rating these gloves will protect your fingers from the biting cold all winter long!

One size fits all – available in Deep Cerise or Black.



Ladies Thermal Hat - \$15.99

This ultimate thermal hat traps air closer to the skin so that you stay warmer and cosier for longer.

One size fits all – available in Deep Cerise or Black.



Ladies Thermal Leggings - RRP \$14.99

Tested to achieve a 0.63 tog rating, these leggings lock in more warm air closer to the skin.

Available in Small/Medium/Large/X-Large and in colours: Black/Blue/Plum.



Ladies Thermal Tights - RRP \$14.99

With their highly insulating tog rating of 0.63, they're designed to keep legs toasty warm!

Available in Small/Medium/Large/X-Large and in colours: Black/Blue/Plum.

Heat Holders for Women: Socks



Children's Older: Original - RRP \$11.99

For children aged approximately 8+ years. All the same warmth as adults Heat Holders with an extra long leg.

About Heat Holders: Heat Holders socks and accessories work in a 3 stage process:

- 1** Advanced Insulating Yarn – Our specially developed advanced fibers provide high performance and superior moisture wicking abilities.
- 2** Long Looped Thermal Pile – This innovative knitting technology locks in warm air, holding this closer to the skin, keeping feet warmer for longer.
- 3** Soft Brushed Inner – An intense brushing process maximizes the amount of warm air held inside the sock for all day warmth and comfort.

For more information and to buy before the cold hits, please go to: www.heatholders.com

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Aquajogger
(www.aquajogger.com)

The Aquajogger is a fantastic in-water exercise system that comfortably suspends you at shoulder level in deep water allowing you to breathe normally and move freely while performing a wide variety of water exercise. The Aquajogger components allow the person working out to determine the level of resistance they want for their leg and arm motions, ranging everywhere from very low, approximating a walk, to very strenuous, similar to a full-body fitness machine workout only without the joint discomfort and machinery. Makes low-impact, in-water exercise much more enjoyable, effective and beneficial. The Aquajogger retails for between \$44.95 and \$99.95 depending on size and accessories and can be purchased at www.aquajogger.com or at retail stores nationwide.



Wine Caddy Sculptures (winecaddys.com)

Wine Caddy Sculptures, from H & K Recycled Metal Art, are beautifully hand-crafted metal art pieces made from recycled steel and copper by European artisans. Preserving old world craftsmanship, each piece is individually bent, cut, welded and brushed, resulting in an original work of art. \$29 - \$119, Winecaddys.com



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PST Mon-Fri

Note: If you call outside of normal business hours, our answering service will assist you.

30 Days of Tips

The Guidebook To:

Stop Your BITCHING

The Step By Step Guide to
Balance Hormones &
End PMS & Menstrual Cramps
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Build
your body



Herbs
for wellness



Love
your whole self



Healthy
Food



Eastern
philosophy

CATHY MARGOLIN

L.Ac. Dipl. OM

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Author Quotes

“ Her Demise gives readers an inside look into an abusive relationship, the signs at the beginning, and how both parties are affected by domestic violence. Being a first time writer, I never expected to reach such a broad audience, and feel honored to have Her Demise placed in Focus on Women Magazine’s La Femme De Prose Bookstore. It was surprising and exciting to have readers take such an interest and to have received a royalty check within 45 days. ”



Aliah Uddin
Author - Her Demise

“ MANipulated Into Fear was written with the intent to help others. I feel very blessed to have the opportunity to have my book advertised and sold on Focus On Women Magazine’s La Femme De Prose eBookstore. Focus On Women Magazine focuses on women by informative and educational articles. They not only help me as an author but they reach out and give back to women in Afghanistan with each sale of my book. This has allowed me to help others by them reading my book and also generate a percentage of the sale of my book to give to the Afghanistan women who are in dire need. ”

Christine
Author - MANipulated Into Fear -
by Marvela Dawnay

“ I am so happy of the amount of copies of my e book that was sold by Focus on Women Magazine within 40 days of it becoming available on their website. Every book sold represents a contribution towards women who have been raped, mutilated and set on fire. ”

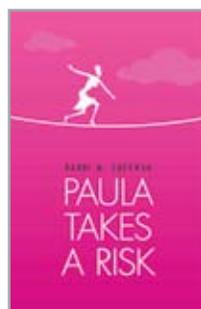


Consolee Nishimwe
Author - Tested to the Limit
Torture, Rape and Genocide Survivor



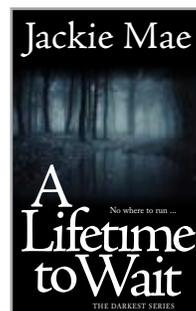
Caroline Starts Over
by Randi M.Sherman

ISBN: 978-1-4602-3175-3 (hc)
ISBN: 978-1-4602-3176-0 (sc)
ISBN: 978-1-4602-3177-7 (e)



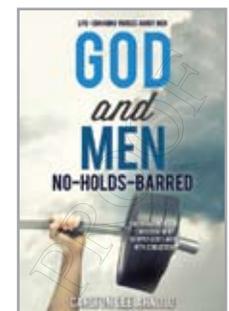
Paula Takes A Risk
by Randi M.Sherman

ISBN: 978-1-77097-155-4 (hc)
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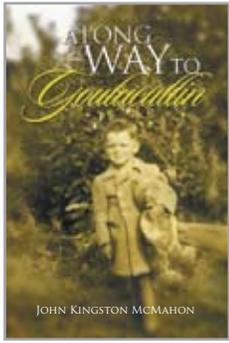
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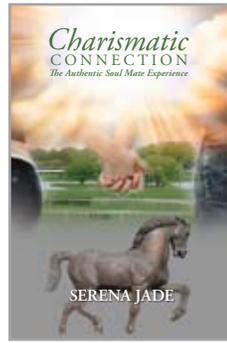
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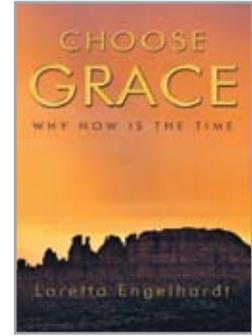
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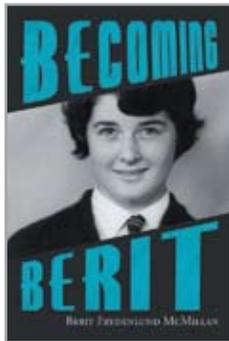
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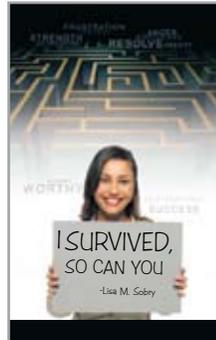
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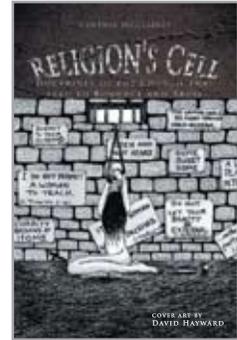
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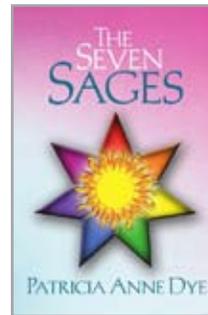
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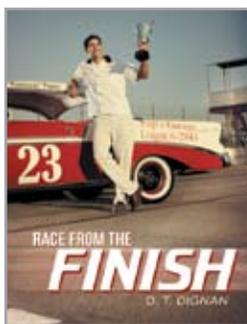


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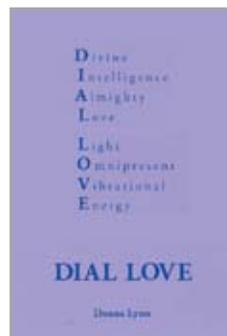
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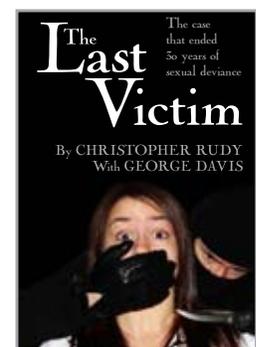
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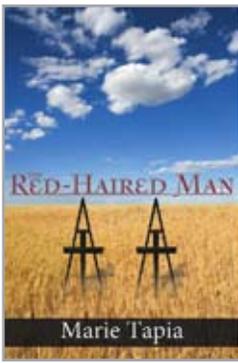
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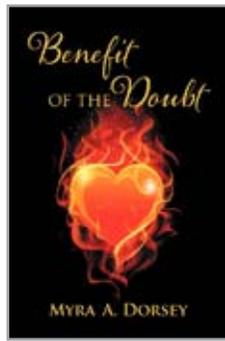
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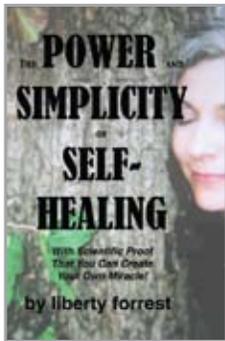
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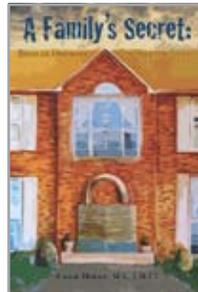
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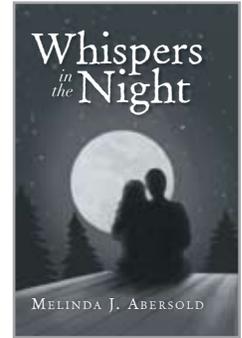
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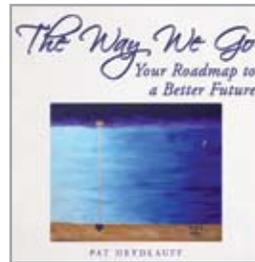
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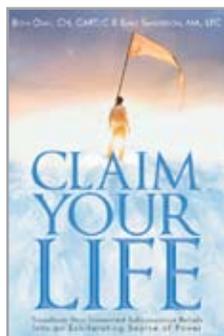
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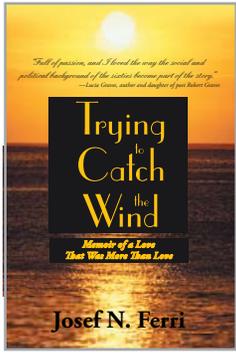


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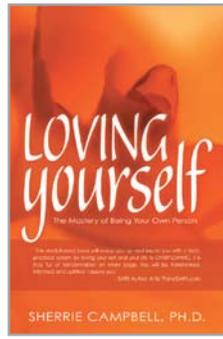
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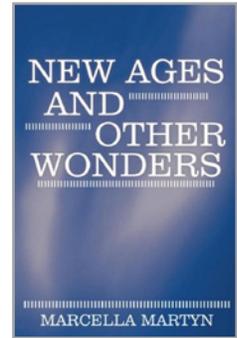
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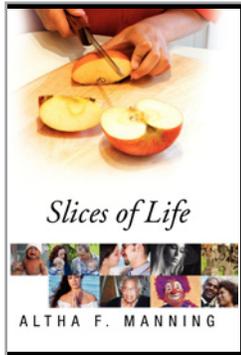
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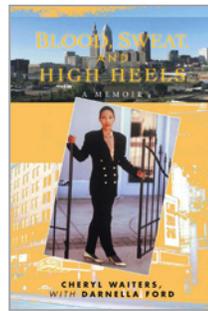
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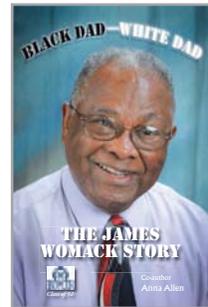
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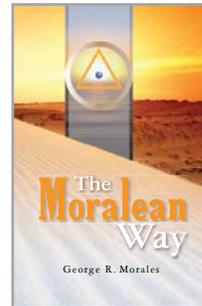


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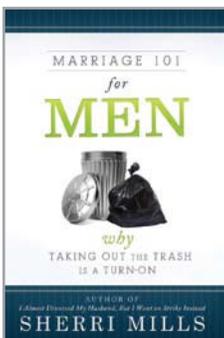
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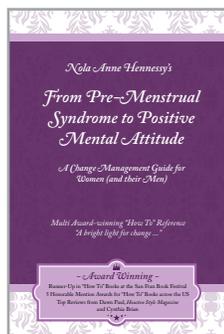
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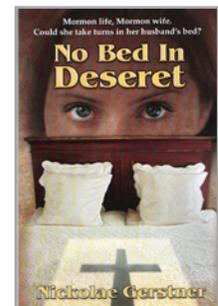
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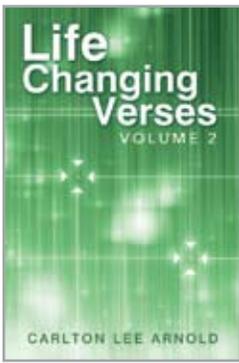
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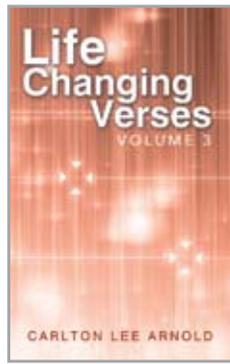
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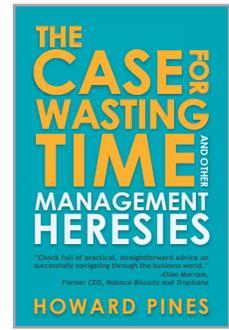
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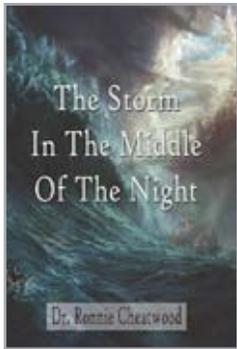
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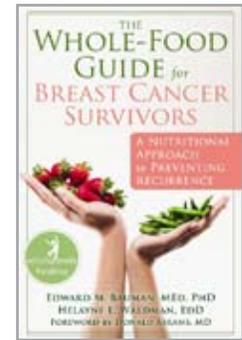
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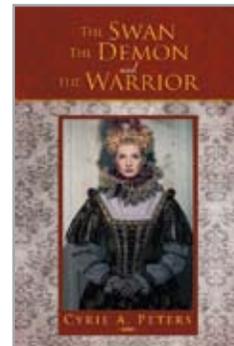
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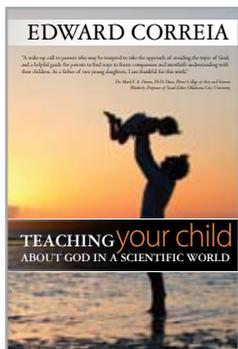


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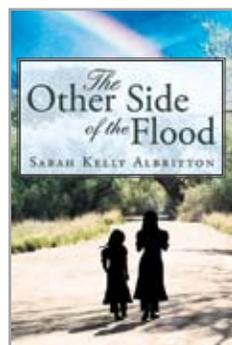
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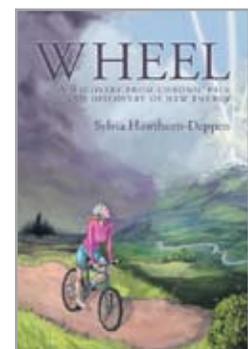
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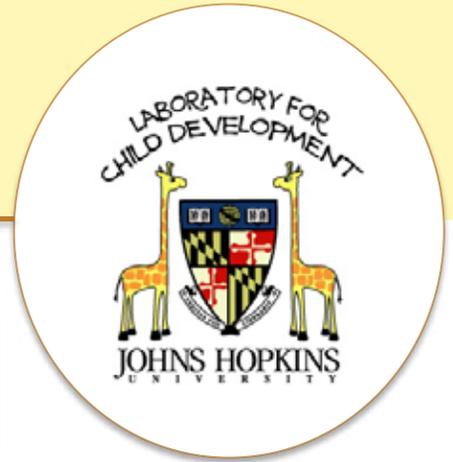
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